

# Give the gift of Yourself



Christmas journaling for 5th - 12th graders  
FREE downloads



Writing<sup>with</sup>  
Sharon Watson

# Give the Gift of Yourself

Do you wish you could communicate better with the special people in your life? Sometimes it's hard to talk or to come up with something brilliant to say. Other times you may have trouble connecting with family members.

At this time of year, you may be wondering what to give that special family member or friend. Did you know that once in a while, they don't want a new or pricey item? What they really would value is something personal from you.

Use these prompts to jot down your thoughts and ideas and then share them with others. This is your gift to them: you!

Each prompt comes with a free, colorful page you can print out and write on. Use them to begin a journal, if you wish. If you plan to give them as gifts, you can give individual pages or gather all the pages into one gift.

Ready? Here are the journaling pages you'll find in this eBook:

## 1. Pet peeves

What are your pet peeves? What really bugs you? I can't stand it when someone walks behind me and knocks into my chair. What about you?

## 2. What I can't live without

What can't you live without? Air? Food? A kind word? A birthday party each year?

## 3. What I've lost/What I've found

Three of the houses I've lived in have been torn down. I could put that in my "What I've lost" column. I've found a dead mouse in my kitchen drawer, and I've found that I have more inner strength than I thought I had.

How about you? What have you lost? What have you found? Your lists can include concrete items like a dead mouse and abstract ones like strength. Include anything from silly to serious.

#### 4. What you might not know about me

What do you think the people closest to you might not know about you? This is a great conversation starter, especially in those awkward moments when you cannot think of anything to say.

#### 5. My accomplishments

You've accomplished much in your life, whether you feel like you have or not. Make a list of things you've accomplished, things like learning to play an instrument or breaking a bad habit. Think creatively about what you've done in your life. This is not bragging. This is simply listing what you've done.

#### 6. My dreams for the future

What do you hope the future looks like? You can list things about you, your family, your country, or the world.

# MY PET PEEVES



# What I can't live without



What I've lost

What I've found

**WHAT YOU MIGHT NOT KNOW ABOUT ME**



# My accomplishments



My dreams  
for the future



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## Help from Writing with Sharon Watson

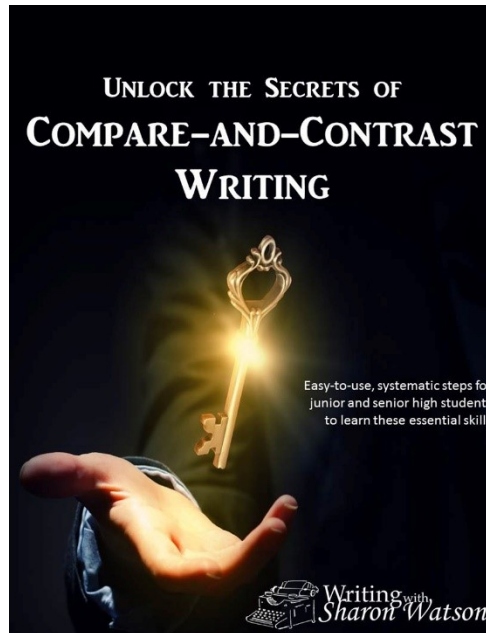
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